



AuraDog

A little context. A clearer conversation.

7-day dog care journal

A free printable for your own observations and questions.

Dog: _____ Week starting: _____

Write what you noticed, in your own words. Leave unknown details blank.

If your vet has asked for breathing readings, include the time and context.

DAY / DATE	FOOD, WATER, ENERGY & NOTES	BREATHING / CONTEXT*
Day 1 ____ / ____		
Day 2 ____ / ____		
Day 3 ____ / ____		
Day 4 ____ / ____		
Day 5 ____ / ____		
Day 6 ____ / ____		
Day 7 ____ / ____		

*Optional: note the method, duration and whether your dog was resting or sleeping.

Questions for my veterinarian

Use this journal for record-keeping, not diagnosis or treatment decisions.

Contact a veterinarian if you are concerned. Do not wait to finish the journal.

Prefer to keep your notes on iPhone?

AuraDog has free breathing tracking and daily check-ins. PDF reports require Pro.

auradog.pet/dog-care-journal

No signup required